

The Liver Care Foundation



**ANNUAL REPORT
2013**

The Foundation

The Liver Care Foundation was established in 2005 as a non profit organization with a view to contribute to society by connecting with the public, patient and provider, as a part of its focus towards prevention of liver disease.

Goal

To assist and support Healthcare related to Liver Diseases.

Vision

To contribute to a world 'Free of Liver Disease'

Mission

1. To advocate and generate public awareness about Liver Health through information, education and communication.
2. To assist those living with liver disease.
3. Strive continuously to bridge the global gap in the field of academics and research, relating to Liver and its diseases.

Core Values

Competence, credibility, commitment, care and cooperation constitute the culture of Liver Care Foundation

The Team

Board of Trustees

Dr. Shiv Sarin,MD, DM	Founder Trustee and member
Dr. Kiran Modi	Managing Trustee and member
Dr. Puja Sakhuja	Trustee and member
Ms. Vibhuti Sharma	Trustee and member

Board Members

Dr. B C Sharma	Member
Dr. Puja Sakhuja	Member
Ms. Vibhuti Sharma	Member
Ms. Shalini Prakash	Member

Special Advisor

Former Justice Shiv Raj Patil

Legal Advisor

Mr. M. L. Lahoty

Honorary Chief Operating Officer

Ms. Vibhuti Sharma



Thrust Area with Key Activities

1. Awareness
2. Assistance
3. Academic Support
4. Organisation Values

Awareness

The aim of LCF is to bring about an awakening in the minds of people about the importance of functioning of liver in a human body; and if not taken care of, can create a number diseases elated to liver and thus cause complications. It will also educate people about the treatment of liver disease and the availability of Doctors and Hospitals treating this malady.

Assistance

LCF will endeavour to provide assistance in terms of financial aid (and through Donors) to those who are willing to donate their liver.

Academics

LCF also undertakes to promote upcoming Doctors, financially, who though, are well qualified to attend higher studies or present papers, but cannot do so for lack of funds. Each case is considered on merit through a screening body before providing them with any financial assistance

Organ Donation Awareness Programme

Our aim to educate people on the importance of donating their organs so that others can get a new life.

- A centralized registry and a system of donor cards to those who pledge their organs.
- A system of linkages to facilitate a smooth coordination amongst the hospitals in a city specifically trauma centers with ICU facilities for organ removal and distribution.
- Educating to encourage potential liver patients through peer support programmes.

Organization Values

Competency, Credibility, Commitment, Care and Cooperation constitute the culture of Liver Care Foundation.

Future Plan

Presence in every state including union territories to aware the gross root people on organ donation and to increase the number of registry of organ donation. The Foundation will try to reach the masses and results of awareness and surveys of organ donation in national & international seminars and conferences.

Some Snaps of Our Activities

Liver Awareness Programme



Education using flip chart



Using the body map as a concept to make interesting

Area of intervention- Slums

Organ Donation Awareness Programme



A single session



Getting in community engaged



Awareness using flip chart



Awareness among rickshaw pullers

Community Survey on Organ Donation



Answering questions related to organ donation



Community study in Slum area



Taking signature on survey form

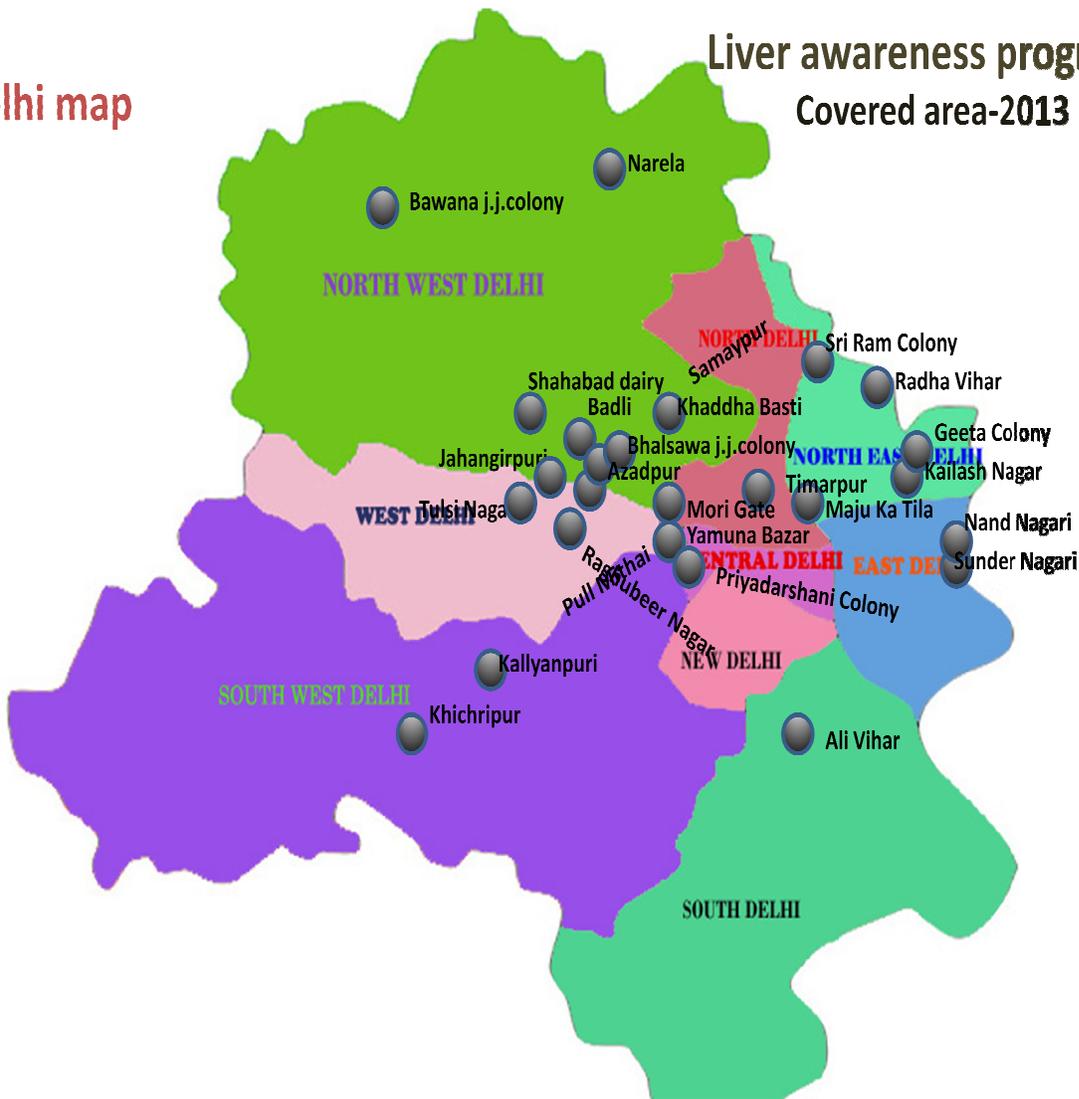


Telling about organ donation survey form

Liver Awareness Programme

Delhi map

Liver awareness program Covered area-2013



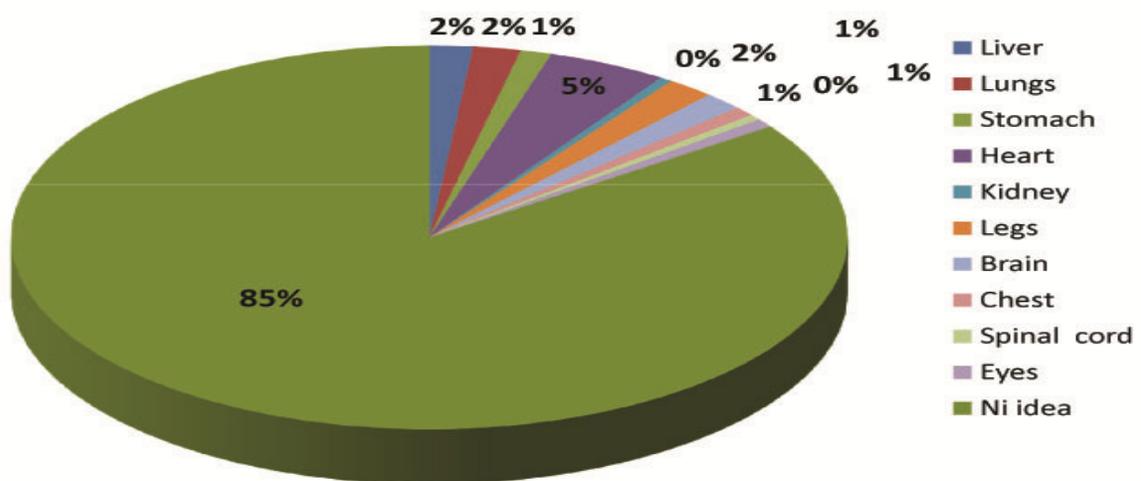
As part of the intervention, we created a module to help steer the awareness programme on liver health. In 2013 we have conducted a total 32 awareness program in various part of Delhi. A total 1252 person attended the education session. Total covered area was 25 with the help of 10 NGOs. In this year we have conducted 21 slum programme and 11 mothers meet programme.



The education program was conducted with the marginalized and low income group people. In ice-breaking session participants introduced themselves and their community by telling us what they liked, disliked and wanted as change in their habitat. Participant knowledge was tested with questions related to the liver, liver disease, hepatitis, symptoms and if they knew about organ donation. The session commenced by asking a member of the audience to draw an outline of a body then asking the audience to place major organs including the liver on the map.

When we asked about largest organ of the body, 85% were completely unaware about this. Data show with pie chart....

Largest organ in the human body



We analyzed that before the education program there was lack of awareness about the types of hepatitis and liver donation. After the education program they became aware about liver health and Hepatitis B and showed their interest to vaccinate themselves against the Hepatitis B. There was interest to donate organs but felt that their organs may be rejected due to their social position.

Organ donation in India

Organ donation is the process of transplanting an organ or part of an organ to another person who needs it. The organs from one donor can save many lives.

The transplantation of an organ from one body to another is known as the organ transplant. The person who gives the organ is called the donor while the one who receives is called the recipient. Organ transplant is done to replace the recipient's damaged organ with the working organ of the donor so that the recipient could function normally.

Organ donation is the gift of life of an organ to help someone else who needs a transplant. Hundred of people's lives are saved each year by organ transplants.

Organs that can be donated by the people who have died include the heart, lungs, kidneys, liver, pancreas, and small bowel. Tissue such as skin, bone, heart valves and corneas can also be used to help others.

It has been estimated that 200,000 people in India are annually diagnosed with organ failure needing transplantation as part of life saving measure. A majority of these patients are young where their only hope to a life is by the opportunity of having a transplant of their organ in failure.

In India every year nearly 500,000 people die because of non-availability of organs. Nationally, with a population of 1.2 billion people, the statistic stands at 0.08 persons as organ donors per million population (PMP). This is an incredibly small and insignificant number compared to the statistics around the world.

We understand it is difficult to think about organ donation when you have just lost a loved one; however organ donation is a generous and worthwhile decision that can save many lives. By donating, each person can save the lives of up to 8 individuals by way of organ donation and enhance the lives of over 50 people by way of tissue donation.

Ignorance and Lack of Awareness on Organ Donation

There is a major lack of awareness on organ donation in India. Recent polls and surveys reveal that people would come forth with their wish to donate if they had received more information.

We need to rope in religious leaders to make people aware of the need for organ donation. People believe that you would be born without organs in the next life if you donate.

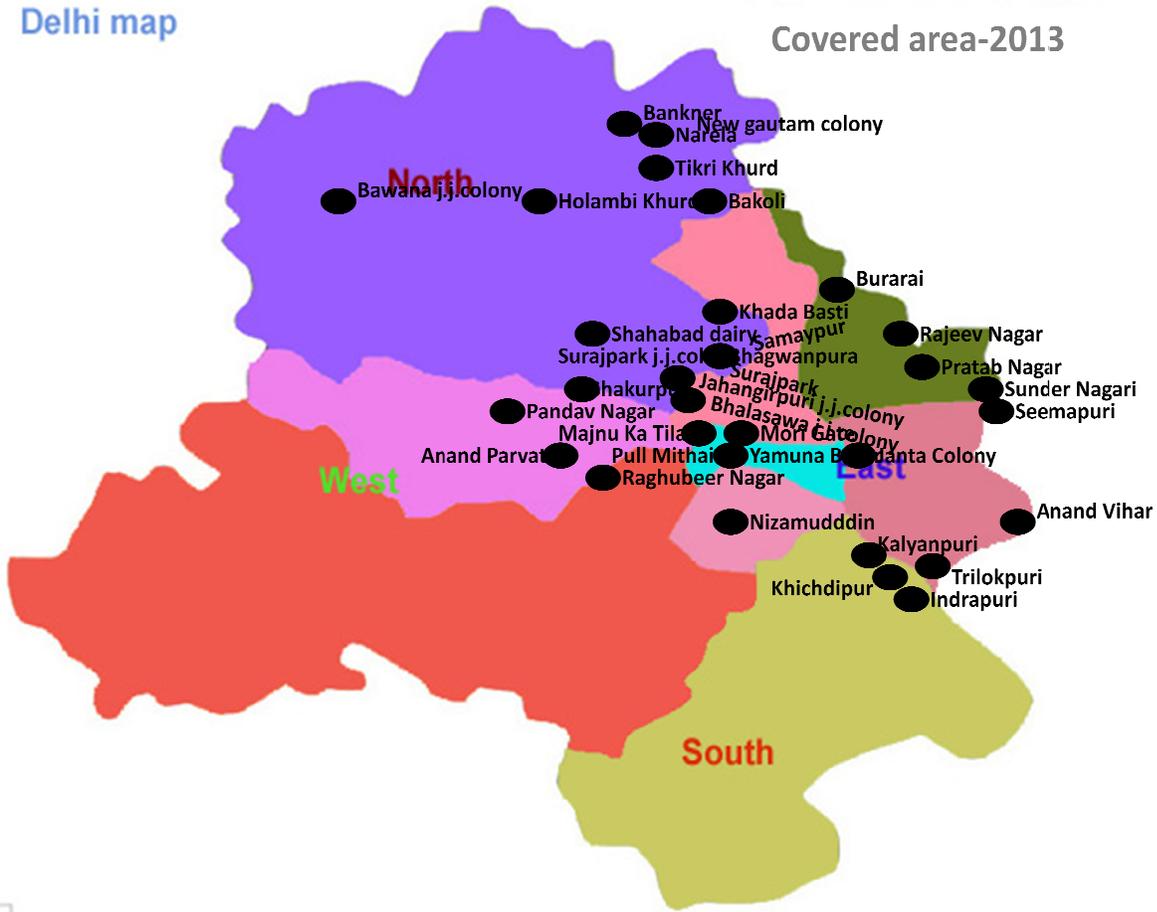
Organ Donation Awareness Programme Conducted by LCF

The Liver Care Foundation made the networking with NGOs to organize the awareness programme. Our goal therefore is to assist organ donation awareness through interactive education sessions within the community.



Delhi map

Organ donation program
Covered area-2013



Organ donation is the best gift that one can pledge in order to save lives. This truly gives a feeling of gratification to think that a person can have a second chance of living by this altruistic gesture.



Awareness programme



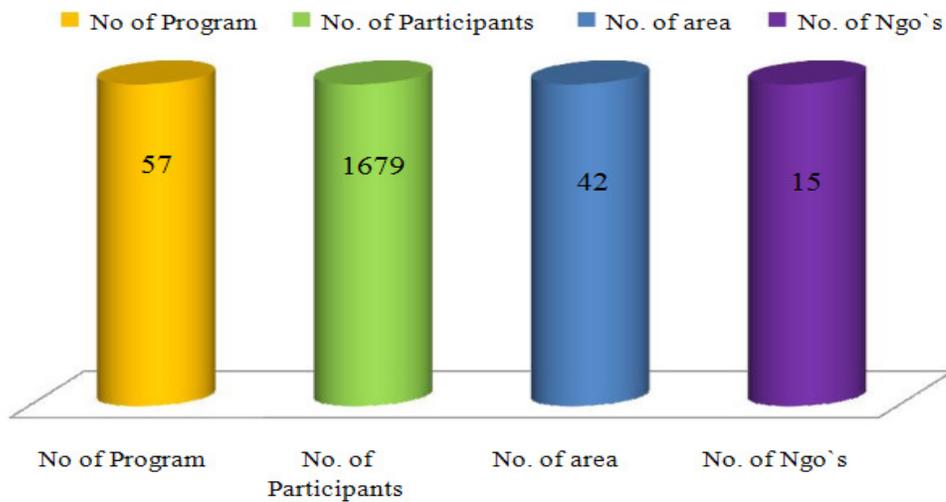
People listening attentively



Distributing refreshments

A total 57 awareness programmes were conducted in poor communities of Delhi with the collaboration of 15 NGOs. A total number of participants were 1679. People were attending the first time of this type of program.

Awareness Program-2013(Jan-Dec)



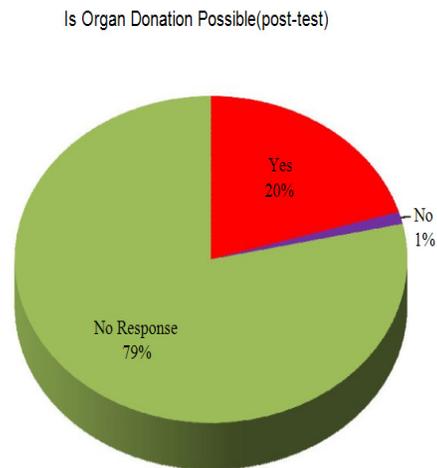
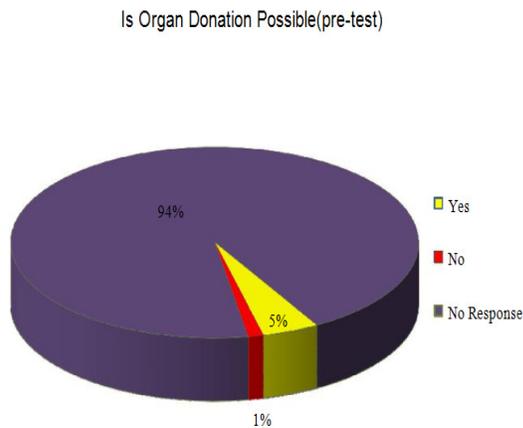
In the year 2013 we conducted 15 mothers meet programme, 35 slum programme and 7 youth programme



The Liver Care Foundation conducted a pre-test & post test with some questions to check the awareness level of the participants about organ donation. When we asked them- is organ donation possible? The result was that only 5% participants were agree, 1% were not agree & 94% people did not give any response.

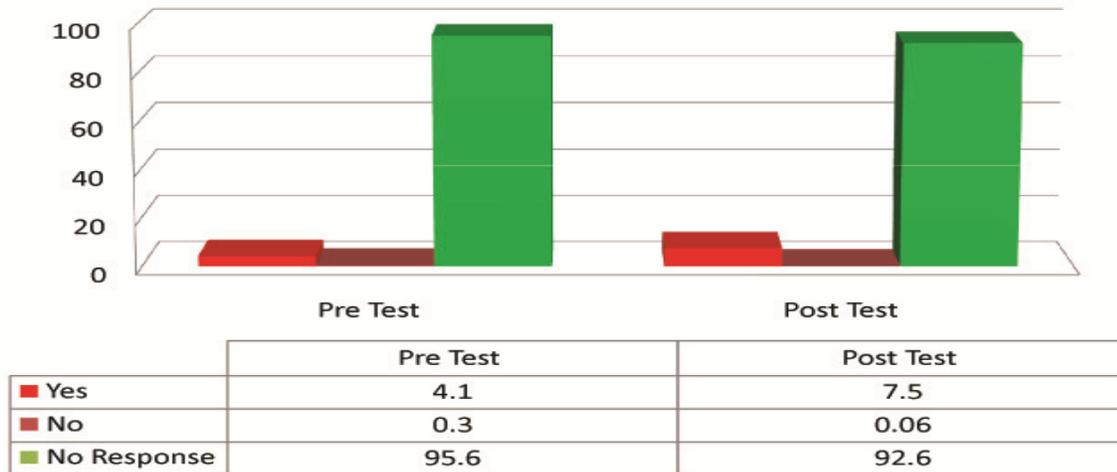
Pre Test

Post Test



When we asked another question that If a fatal accident in your family took place, would you positively participate in the decision to donate the organs? After post test the result was that 7.5% were agree, 0.06% were not agree & 92.6% did not give any response.

If a fatal Accident in your family took place , would you Positively participate in the decision to donate organs



We analyzed that some reasons are the barrier to donate their organs. People have wrong belief like whichever organ you donate, in the next life you will be born without that and their religion doesn't allow it. Organ donation disfigures the body. It will be delay in funeral arrangements.



Capacity Building with Management Orientation Programme (MOP)

The Liver Care Foundation organized a Orientation Programme in the month of July wherein members of the partnering NGO were called in to the Liver Care Office where they were aware about organ donation and related problem solving took place. If the NGO has participated in a organ donation program, the representative would be called in to take feedback on how to strategize a organ donation program within the community they worked in.



Their advise in this matter was considered important as they had firsthand knowledge of how effective such a program could be. Partnering NGOs supported

many issues such as child welfare, adolescent health, non formal education, vocational training etc .

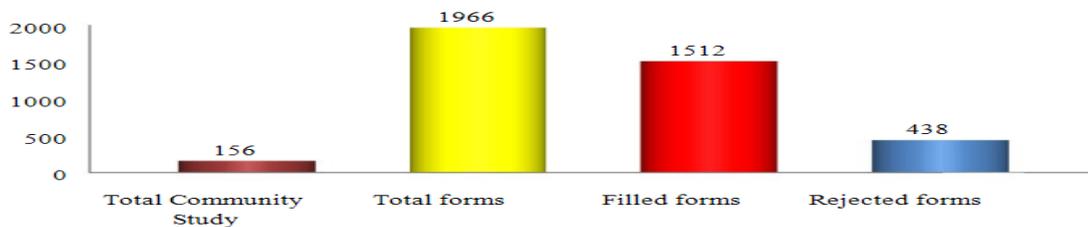
Community Study

A community survey has been done by The Liver Care Foundation to know the awareness level of the people on organ donation. It is not only a survey but also our way of educating the public about this sensitive issue that haunts us regularly; more so when a scandal erupts in the country.



A total 1966 forms were distributed in which 1512 were filled forms & 438 forms were rejected.

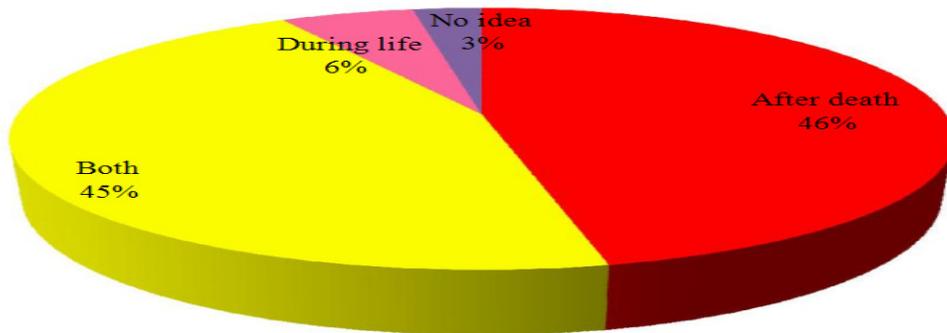
Community study on organ donation



We asked some question like that when can organ be donated, do you know

someone whose organ have been donated, can organ donation take place at any age, can organ donation can take place despite wearing glasses?, Are you willing to an organ donor after death? Our results are showing with given pie chart & table....

When can organs be donated?



Filling the organ donation survey form

Questions	Yes	No	Rejected /No Idea
Do you know someone whose organs have been donated?	20%	80%	-
Can organ donation take place at any age?	45%	49%	6%
Can organ donation take place despite wearing glasses?	37%	57%	6%
Are you willing to an organ donor after death?	14%	63%	23%

There is a major lack of awareness on organ donation. People do not like to talk on this topic. We need to conduct more awareness programme to educate the people.

APASL Award 2013

The effort to extend support to young scientists and doctors continues. This year six travel grants were disbursed to doctors and scientists who had been accepted to present their papers at the APASL 2013 in Singapor. It was heartening to see that we were able to provide these bright, young achievers the opportunity to present their pieces of work.

Name of the APASL awardees for grants

- Dr. Illa Tyagi
- Dr. Kaushik Majumdar
- Dr. Rajesh Ruttala
- Dr. Amit Jindal
- Dr. Vellingiri Balachandar
- Dr. Mansi Majumdar

